

TOWN&COUNTRY

The Best Room At... Four Seasons Los Cabos at Costa Palmas

Forget what you think you know about this Mexican destination and settle in for a bit of unplugged indulgence.

BY [GARRETT MUNCE](#) PUBLISHED: JUL 30, 2026



CHRISTIAN HORAN PHOTOGRAPHY

Any self-respecting Millennial has the immortal words of Lauren Conrad on MTV's *Laguna Beach* seared into their brain: "What happens in Cabo, stays in Cabo."

For years, Cabo San Lucas was chosen destination for spring breakers, bachelorette parties, and all sorts of all-night revelers. Today, however, while you can still find that scene if that's what you're into (no judgement here), like the generation that gave it the party crown, Cabo has grown up.

Situated about an hour North from Cabo San Lucas is Costa Palmas, a 1,500-acre stretch of property on the Sea of Cortez that is more informed by ecology than EDM. And while many areas are still in development—such a village center featuring restaurants like an outpost of Nancy Silverton’s Mozza, a French riviera-inspired beach club, and forthcoming shopping and wellness offerings—the beating heart of the property is **the Four Seasons Los Cabos at Costa Palmas**.



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Inside the Sunrise Suite at the Four Seasons Los Cabos at Costa Palmas.

Overlooking a two-mile stretch of swimmable beach (a rarity in the Los Cabos area), the 141-room property is specifically designed for unplugging, grounding and relaxing. With three pools, an award-winning spa, its own 18-hole golf course, a private marina and an exhaustive list of activities, the resort is the ideal location for groups of all sizes from couples to multi-generational families (many of whom book into the villas). Yet somehow, even with nearly anything under the sun available, the resort never feels crowded. For its size and luxury, the Four Seasons Los Cabos at Costa Palmas is shockingly chill.

It all comes down to the design that is both inspired by and inviting to nature. “How many times do you open a window and you just see ocean and nature and that's it,” asks Sandra Oliva, the property’s general manager. “That’s who we are. This is a version of Cabo that’s not what you see on TV or in social media. It is a different kind of Mexico.” As for the best room to unwind in? Well, we’ll let her tell us.

What do you consider the best room at the property and why?

One of our most in-demand rooms is the Sunrise Suite, which is also one of our biggest suites. Not only is it beautiful, but you are swallowed by this landscape. You have your own pool and you see the ocean beyond it. The design as well is so special because it's modern yet it's so close to nature. [It is on a corner so] you see the sunrise and the sunset from that same unit which makes it quite special. We only have one like that. It's also customizable to whatever you want. We've done special things for couples in the pool area that were very romantic or another day we would like to do something more Mexican, like a barbecue. We can do a small party if you are in a group of friends, a pool party, you can project a movie and do an outdoor theater. It can be so diverse depending on what you want.



CHRISTIAN HORAN PHOTOGRAPHY

The private plunge pool in the Sunrise Suite, which starts at \$3,600 per night.

How much does it cost per night?

The Sunrise Suite ranges from \$3,600 to \$7,000 per night, depending on the season.

If that is top of the line, what do you think is great about a standard room?

The size, the space, the light coming in, the fact that every single one of our rooms has outdoor space. Either it's a terrace or a plunge pool, all of them have something. Many of our colleagues from Four Seasons, when they come visit, thank me for the upgrade. And I think, *I haven't upgraded you.*



CHRISTIAN HORAN PHOTOGRAPHY

The fitness area at the Four Seasons Los Cabos at Costa Palmas. There's also an 18-hole golf course and a spa for a bit of relaxation after all that exercise.

How would you describe the guests and the vibe of the hotel?

Our guests are understated, elegant, and sophisticated—but in flip flops. It's so easy to get here, but we're not that crowded location. This is an unplugged version of Cabo, like Cabo as it was 30 years ago.

What local activity or attraction do you always recommend to guests?

It depends on your taste, but I personally really like the waterfall hike. Usually that kind of location is a natural reserve where you cannot go because it's forbidden to get in or you can just take a picture and go home. It was one of my first experiences and every time that I have a visitor, I take them there. And, of course, any boat whether it's the smallest boat or the super yacht. Nine times out of 10, you're going to see wildlife, dolphins, whales, fish all together jumping around. Jacques Cousteau used to say this was the aquarium of the world, right?



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A view of the hotel from the Sea of Cortez. In-the-know guests will be sure to arrange a boat ride on the water during their stay.

What's a must-have room-service order?

I think that food is one of our biggest assets here, and we have created a fantastic experience for breakfast. Our French toast is magical, but I also like something more local like the huevos rancheros. It's the presentation, the generosity, the colors, the freshness of the product.



GARRETT MUNCE

Garrett Munce writes about men's style and grooming. He's written for Esquire, New York Magazine, Spotlyte, and Very Good Light and held staff positions at GQ and W. Follow his skincare obsession on Instagram at @garrettmunce.